

# RARELY FAIRY TALE

*Find out more about the human papillomavirus  
and the prevention of cervical cancer and other  
HPV related cancerous diseases!*



**#COOLTAS**

 Mallow Flower  
Foundation

For HPV prevention and for the recovery of women with gynecological cancers

**THESE PAST FEW YEARS HAVE  
GONE BY SO FAST!**

*How quick have you grown up!  
You are already a real teenager!  
It's time for you to know how to protect your health.*

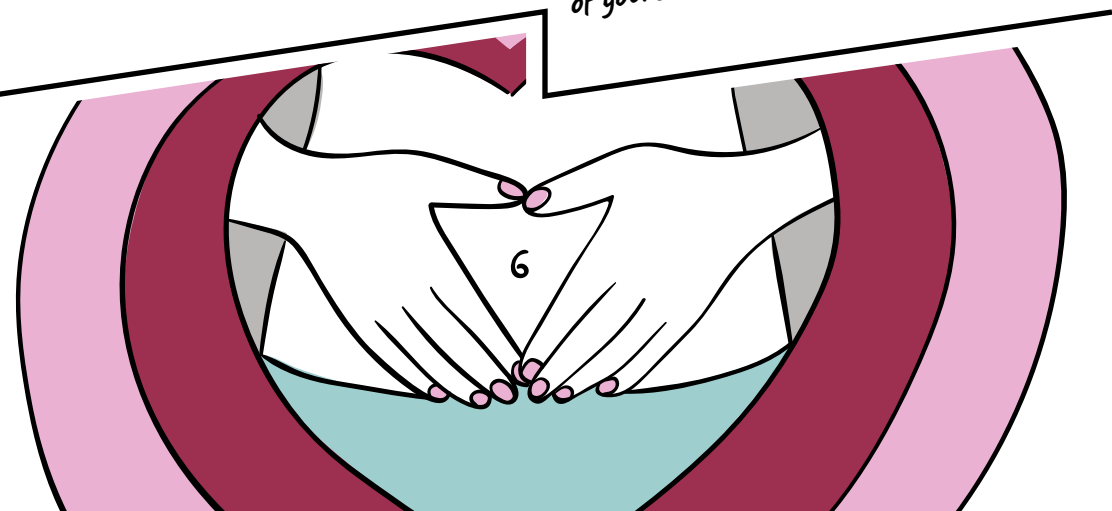


There are several viruses and bacteria around us and also inside our bodies. Viruses are pathogenic germs causing several diseases.

I'm sure you have already heard about those very serious, so called tumorous or cancerous diseases - these are mostly not caused by viruses and unfortunately they

cannot always be treated. But there is only one type of cancer caused by a virus. It is the malignant tumour of the cervix.

Now I would like to talk about cervical cancer and to give you every important fact and information about it. I hope thereafter you are going to take better care of yourself!



In our life this virus is present.

It exists around us, no matter whether we are women or men.

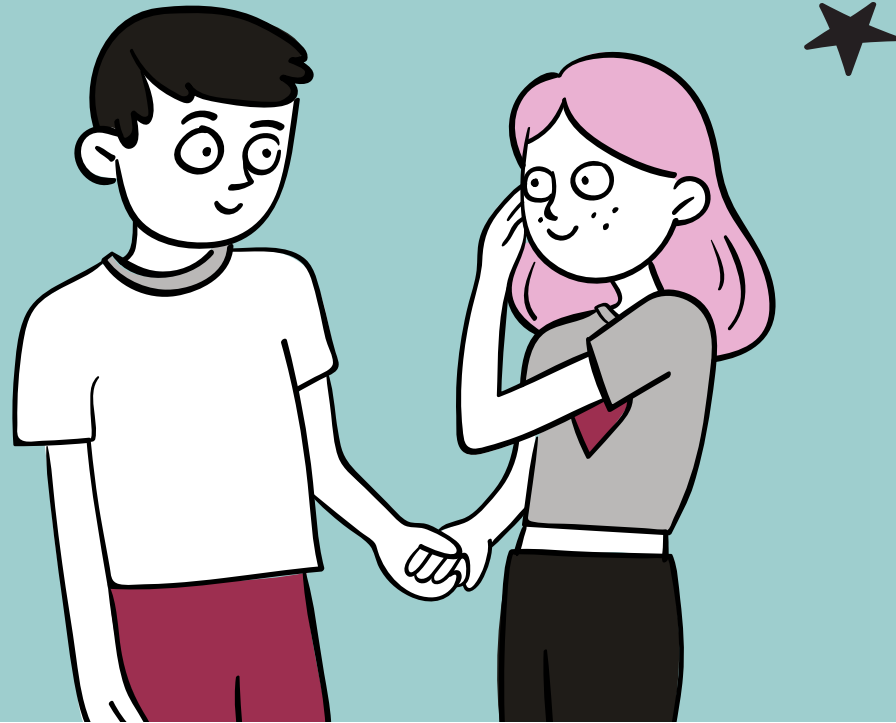
It cannot be avoided. It is important to know that it endangers girls and women primarily because if this virus stays for long in a woman's organism, it might cause a serious disease, called cervical cancer.

## THE VIRUS

This virus is called human papillomavirus, also known as HPV.

There are several types of HPV, some of those are particularly dangerous, because those can trigger the development of that especially serious disease that we were talking about, the cervical cancer.



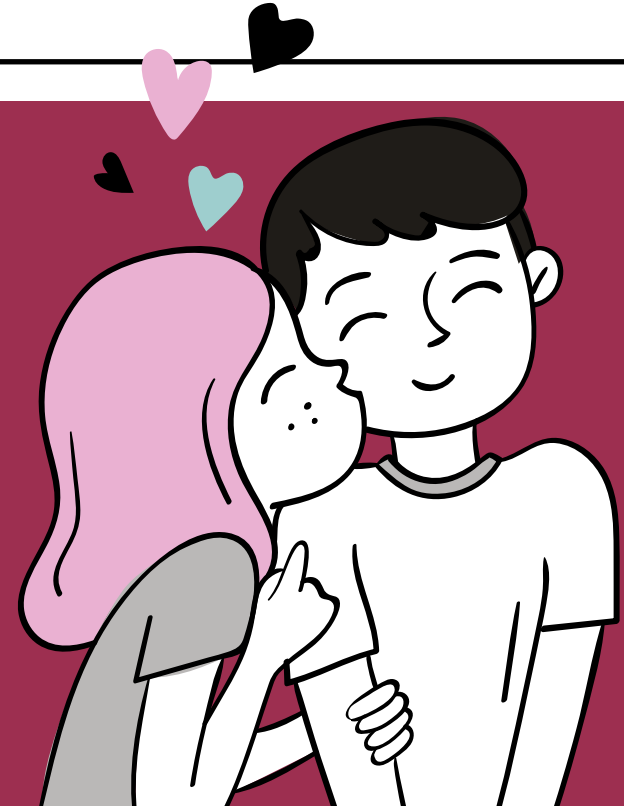


*I'm sure you already know that when two people love each other they have not only emotional but also physical contact. This is what we call sexual life. Probably you had some sex ed classes in your school or you might have already had a chance to discuss it with your parents or friends.*

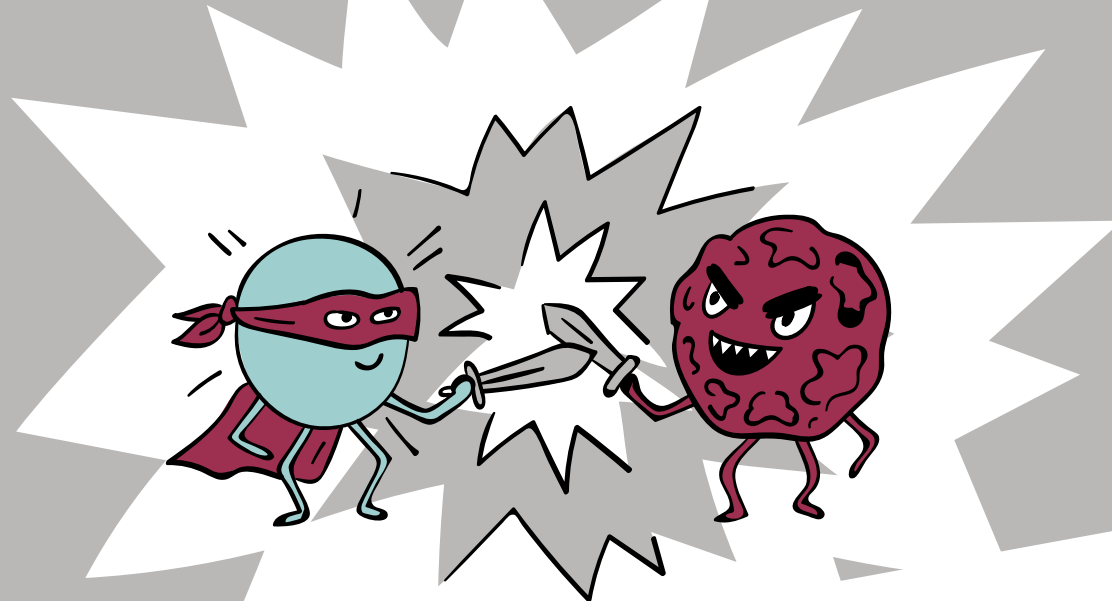
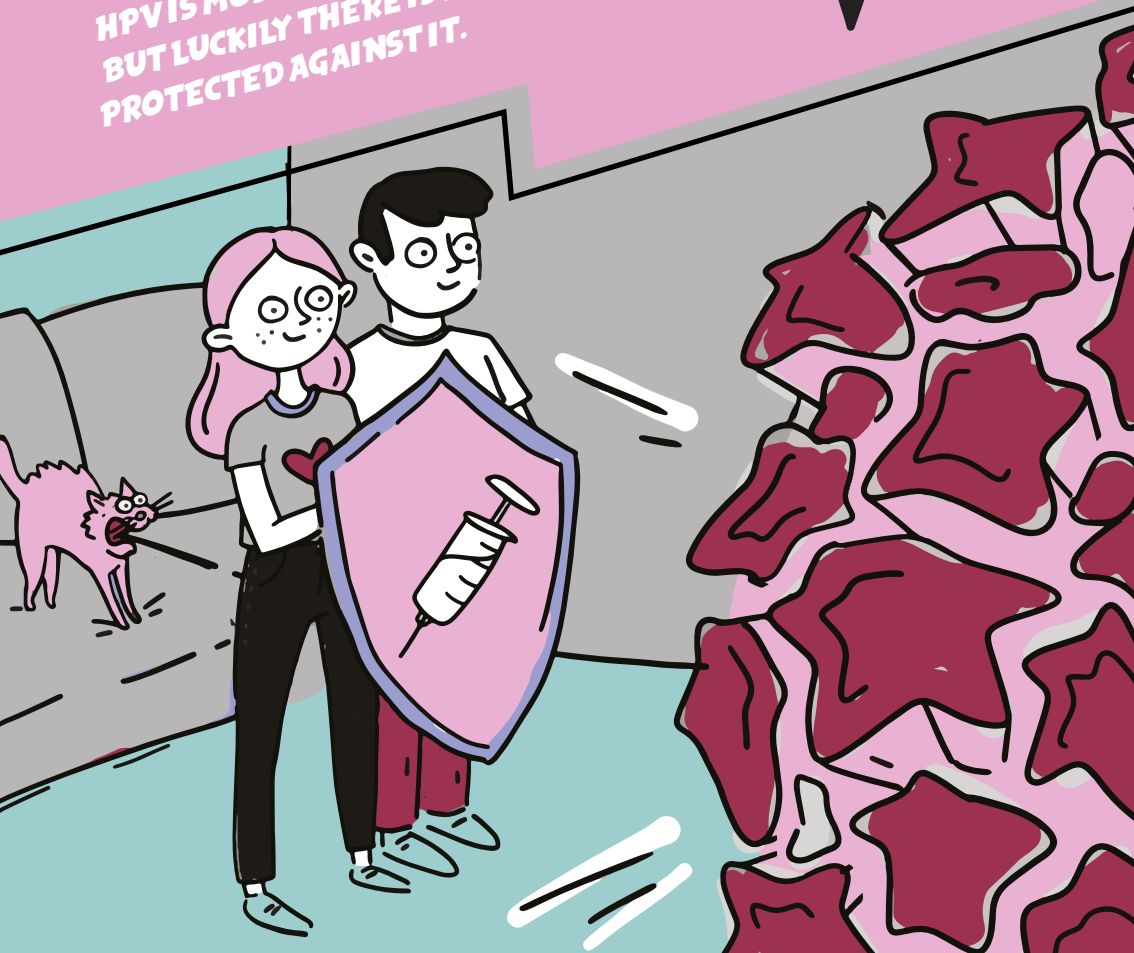
*The period in your life when you meet a really nice boy and you start like each other will soon come. As your relationship*

*becomes deeper and deeper you will get closer to each other either emotionally and physically.*

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HPV IS MOSTLY TRANSMITTED SEXUALLY,  
BUT LUCKILY THERE IS A CHANCE TO BE  
PROTECTED AGAINST IT.



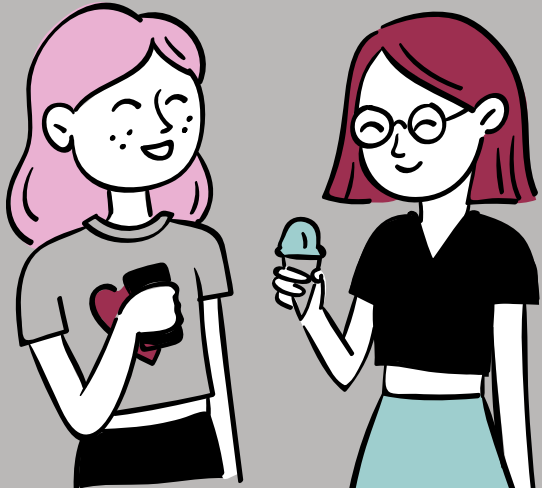
*If someone carries the virus,  
they might transmit it mainly  
through sexual intercourse without  
recognizing it.*

*When HPV gets into our organism,  
the immune system starts to fight*

*against it. If our immune system  
is strong enough, it will overcome  
it quickly. This way HPV infection  
passes without any treatment  
most of the time.*

*But we can get HPV infection  
several times in our life.*





We can not recognize HPV infection, because initially it doesn't show any symptoms. The infection is often temporary and passes in a few weeks or months. But the virus can return!

## CERVICAL CANCER

*If our immune system is not able to fight off the virus, and it continues to stay in our organism, even cervical cancer can develop. It might take 5-10 years!*

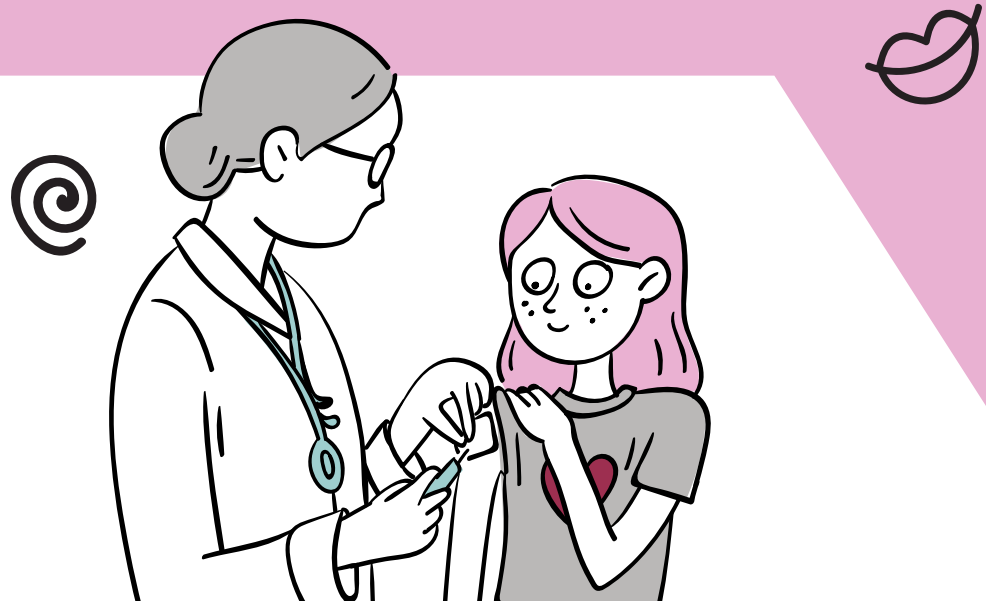
*If HPV stays in our organism for a short time, cervical cancer might not develop. This is why preventing HPV infection is very important.*

### WHAT IS HAPPENING DURING AN HPV INFECTION?

*If HPV infection persists, a change can be started. This is called the precancerous stage. First you cannot feel anything, and does not cause any pain but it can turn serious.*

### HOW CAN I PROTECT MYSELF FROM CERVICAL CANCER?

*What do you think, are there any other types of cancer always caused by a virus? The answer is very simple: no, there aren't. However as many other types of diseases, also HPV infection can be prevented by vaccination.*



## VACCINATION AND SCREENING

By getting vaccinated, we can stop HPV to cause infection in our organism, and later to develop a serious disease.

The day when girls visit a doctor called a gynaecologist with their moms will soon come.

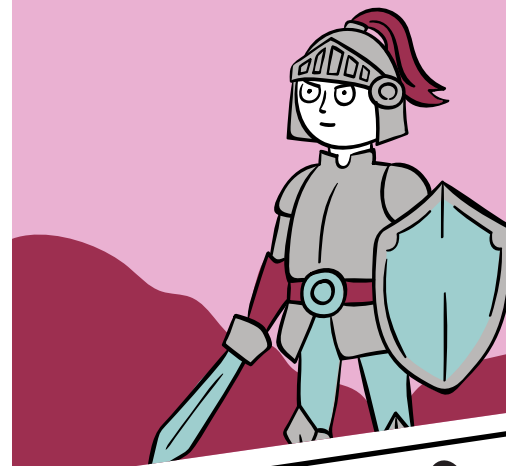
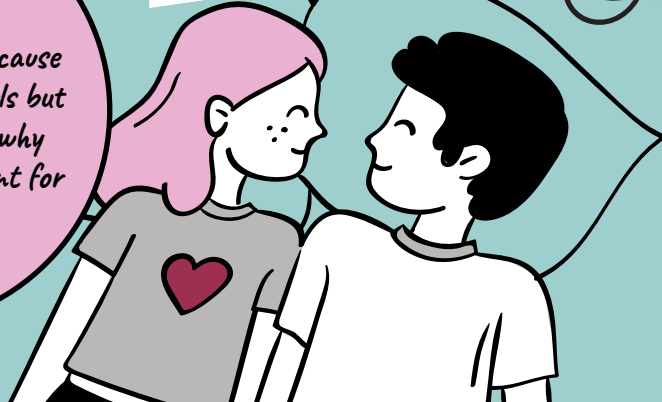
He will examine from time to time if everything is ok with you. This is called gynaecological examination.

It is very important because the screening can detect the changes at a very early stage.

VACCINATION AND SCREENING ARE TOGETHER THE BEST PROTECTION.

### GIRLS AND BOYS

Guess what: HPV can cause changes not only in girls but also in boys. That is why vaccination is important for them too.



## DEAR GROWN-UP BOY!

I turn to you now. It is very important for you to know how much you can do to protect not only your health but also to care for girls' and women's health.

If HPV got into the organism, it could be easily transmitted either by

girls and boys mostly during sexual intercourse. This way inconvenient symptoms or sometimes serious diseases can develop either in your or in your loved one's organism.

Be a real knight! Protect her, take care of her, prevent her from fighting against this disease later, and protect yourself too!





## **DON'T FORGET!**

### **THIS DISEASE IS PREVENTABLE!**

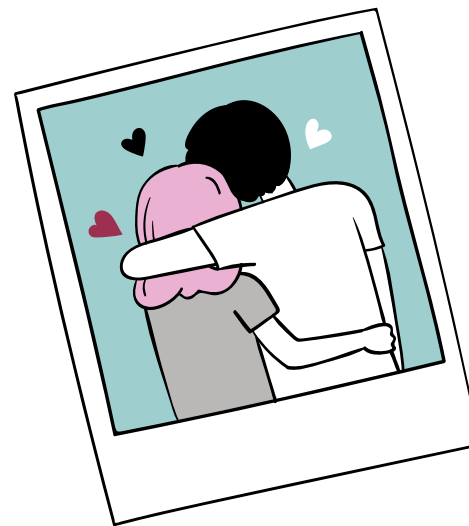
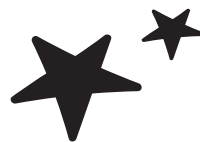
*PLEASE DISCUSS THE VACCINATION WITH  
YOUR PARENTS! IF YOU AGREE, ASK FOR  
VACCINATION, BECAUSE YOU ARE VERY  
IMPORTANT IN THIS WORLD!*

*You must know that this disease exists, be sure what  
it really means, and also that it can be prevented.*



*Let the vaccination be a common decision.  
Talk about the possibilities/opportunities with your parents!*

*If you need more information or help,  
do not hesitate to contact us!*



[www.malyvavirag.hu](http://www.malyvavirag.hu)



Written by on behalf of  
Mallow Flower Foundation Hungary: Icó Tóth, Viktória Naszvadi

Proofread: Dr. Tamás Major

Drawings and editing: [collab](#)

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